



SESSION SUMMARY

Ace Your Next Job Interview

This session of the NSA Spring2Day conference discussed the important topic of interviewing for jobs as a person who stutters.

During the session, panelists discussed difficulties they have encountered during interviews, how they have addressed their stuttering with potential employers, and steps they have taken to improve their interviewing skills.

Attendees were able to share their own experiences and ask for advice. Some advice that was shared during the session was doing practice interviews, finding ways to be more comfortable disclosing your stutter, and recognizing the courage you have as a person who stutters.

Interviewing for a job is something most everyone has to do at some point. It can be difficult for people who stutter to feel confident in their interviewing abilities due to the negative thoughts and feelings we may have about the way we talk.

During an interview there is also the added pressure of "selling" yourself to the company you are applying to work at. It can be easy to assume that the employer will not hire you because of your stuttering. However, as this session proved, there are many people who stutter that have been hired for a job they interviewed for and are successful in their careers.

If you are worried about an upcoming job interview because of your stutter, check out the [NSA's WeStutter@Work section](#) of its website for resources. The NSA offers free [practice job interviews](#), [webinars on workplace topics](#) people who stutter face, [career profiles](#) of people who stutter, and [information for employers](#) to learn more about stuttering.

Author Kate Church is originally from Louisville, KY and is currently attending graduate school at Western Kentucky University to become a speech language pathologist. Kate is involved with the Bowling Green, KY NSA Chapter and volunteers her time as an NSA Ntern.